

DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov



DECEMBER 2019



Did you Know? The Housatonic River stretches 149 miles in length.



CENTER INFORMATION

Hours of Operation:

Monday -Friday: 8:30 am - 4:30 pm

Our Staff

Christine Sonsini | Executive Director

Phone: 203-736-1485

Fax: 203-736-1486

Email: csonsini@derbyct.gov

Dawn Hebert Assistant Director

Phone: 203-736-1484

Fax: 203-736-1486

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POINTS OF INTEREST

The Elderly Commission meeting will be held on Monday, December 2, 2019 at 3:00pm

The Executive Board will meet on Tuesday, December 10, 2019 at 10:00am

The Activities Committee will meet on Tuesday, December 10, 2019 at 11:00am
All are welcome to attend.

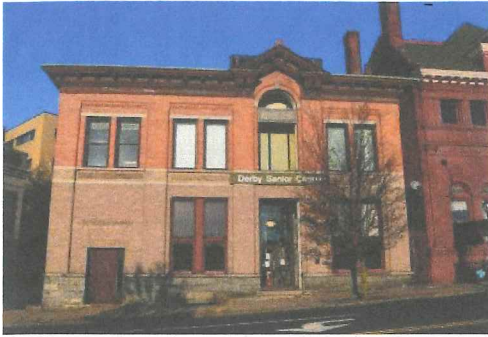
Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, December 3, 2019 from 11:00-12:00pm.

Counseling is available for those of you who have questions on Medicare. Please call the center at (203)736-1484 to schedule at appointment

TOYS 4 KIDS ANNUAL TOY DRIVE

Collections will be ongoing until December 13th. We would like to collect money this year to purchase bicycles for the kids. or if you prefer you can bring a new unwrapped toy for those families in need this holiday season. Collection box is in the Main lobby. Thank you for your help in this important endeavor.

Center will be closing at 12:30 on Tuesday, December 24 & 31st & CLOSED on Wednesday, December 25th —Happy Holidays!



WELCOME TO THE DERBY SENIOR CENTER

The Centers purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

Our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity. The center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults to enhance the quality of life.

UPCOMING REGISTRATIONS - DECEMBER 2019

Home and Garden Show at Mohegan Sun

Saturday, February 22nd—Registration begins 12/3/19
Price: \$ 59

AAC Women's Basketball Semi Finals at Mohegan Sun

Sunday, March 8th—Registration begins 1/7/20 Price: \$.00 PP Cost:TBA

St.Patrick's Celebration at Gavin's Resort

Wednesday, March 11th—Registration begins 1/13/20
Price: \$.100/PP

St. Patrick's Celebration at Aqua Turf

Tuesday, March 17th—Registration begins 1/13/20
Price: \$.86/PP

Broadway—Your Choice—West Side Story or Tina Turner Musical

Wednesday, March 25th—Registration begins 1/20/20
Price: \$.264/PP

MGM Springfield

Wednesday, April 8th—Registration begins 2/4/20
Price: \$.39/PP

APPLE REHAB

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Rita Carrier - Dir. Of Admissions • 203-922-3679 • rcarrier@apple-rehab.com

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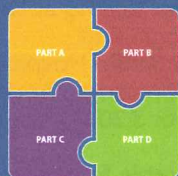
Puzzled about Medicare?

Medicare options can be confusing.
Let me help you put the pieces together.

I specialize in helping people better understand their Medicare benefits. My approach is simple: We discuss your individual goals and needs, and then I help you understand your choices and select the plan that's right for you. Contact me today to schedule your free consultation.

Tyler Machie-Marsh Insurance Agent

Direct: 203-693-7030 Cell: 203-535-7428
tyler.machie-marsh@bankerslife.com



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Derby Senior Center, Derby, CT

06-5354

MONTHLY REMINDERS

Haircuts

Haircuts will now be offered on the first and third Mondays of the month (check calendar for dates) Price is \$10.00 Please call office for appointment

Veterans Services & Benefits

Please contact Gabor Kautzner at (203)736-1484 to set up appointment on Fridays

Sign In

PLEASE remember to sign into the building when you enter. There are sign in sheets on desks in both entrances

Birthday Bingo

Please note the date change this month for birthday bingo. It will be held on Tuesday, Dec. 17th due to the holiday.

DECEMBER CENTER UPDATES

Volunteer sign in book

The volunteer sign in book is on the desk at the Elizabeth Street entrance.

Payment for special events meals

Please remember to pay for special breakfast & luncheons by the Tuesday prior to the special event date.

Volunteer Jobs sign up list

We will be posting a sign up list for volunteer jobs



DECEMBER MEALS

Christmas Luncheon

December 19th

[12 noon] \$10.00 PLEASE
RSVP BY THURSDAY,
DEC. 12th

Catered by Twisted Vine
Chicken Florentine
Sole Franchise
Eggplant Parmigiana
Penne Alla Vodka
Vegetable medley
Tossed Salad with house
vinaigrette

DECEMBER ANNOUNCEMENTS

WELCOME TO THE DSC NEW NEWSLETTER!!

Hello Everyone! It's finally here... our new and improved newsletter. All the information that was in previous newsletters is here it just may be in a different spot. Bear with me as we will be tweaking this in the next few months until we get it just the way we want it. We have a busy month with many new activities going on. Please watch for signs in main lobby for any changes or additions to our programs. It has been a pleasure getting to know all of you over the past few

months and I look forward to the new year working with you. I hope that you all have a very happy and healthy holiday season! Best regards,
Christine Sonsini

**Christmas Cookie Walk—
Dec 12th with coffee and...
\$4.00/dz**

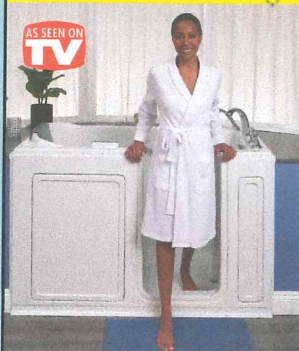
Sign up sheet located on desk in main room if interested in baking

New Programs

There are sign up sheets on bulletin board in main room to see if there is interest in some new programs. Please check them out and sign up if interested

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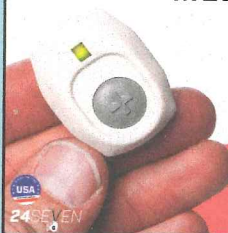
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We're paid by our partner communities

◀ **Joan Lunden**, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.

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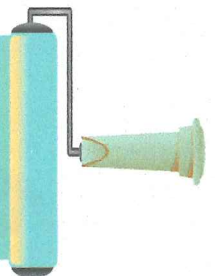
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Derby Senior Center, Derby, CT

06-5354

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) 10:00—12:00 Haircuts 10:00 Chair Yoga 11:15- Strength Training Class 12:15 Sign Language Class cancelled 3:00 Elderly Commission Meeting	3) Reg for Home & Garden Show—Mohegan Sun—Fe. 22, 2020 11:45 Senior Café 1:00 Bingo	4) 9:30 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold 1:30 Computer/Photography Class	5) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	6) 10:00 Tai Chi 10:00 Shopping w/ VTD 11:30 Tap Class 12:30 Zumba 1:00 Quilting Class
9) 10:00 Chair Yoga Class 11:15-12:00 Strength Training	10) 10:00 Executive Brd Meeting 11:00 Activities Meeting 11:45 Senior Café 1:00 Bingo	11) 9:30 Yoga 11:00 Painting 11:30 Strength Training 12:30 Zumba Gold 1:30 Computer/Photography Class	12) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Cafe 12:30 Pinochle 1:00 Craft Class 1:30 Christmas Cookie Walk Reiki session by appt	13) 10:00 Tai Chi 10:00 Shopping w/ VTD 11:30 Tap Class -room 12:30 Zumba Gold-room 1:00 Quilting Class
16) 10:00—12:00—Haircuts 10:00 Chair Yoga 11:15-12:00 Strength Training 12:15- Sign Language Class— cancelled	17) 11:45 Senior Café 1:00 Birthday Bingo sponsored by Hewitt	18) 9:30-Yoga 11:00Painting 11:30 Strength Training 12:30 Zumba Gold 1:30 Computer/Photography Class	19) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:00 Christmas Luncheon 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	20) 10:00 Tai Chi 10:00 Shopping with VTD 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class
23) 10:00 Chair Yoga Class 11:15-12:00 Strength Training	24) 1 CHRISTMAS EVE CENTER CLOSED at 12:30pm	25) CHRISTMAS CENTER CLOSED A VERY MERRY CHRISTMAS TO YOU AND YOUR FAMILIES!	26) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 12:30 Pinochle 1:00 Craft Class Reiki session by appt.	27) 10:00 Tai Chi 10:00 Shopping w/ VTD 11:30 Tap Class 12:30 Zumba Gold 1:00 Quilting Class
30) 10:00 Chair Yoga Class 11:15-12:00 Strength Training	31) NEW YEARS EVE CENTER CLOSED AT 12:30pm HAPPY NEW YEAR			

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DERBY SENIOR CENTER

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CURRENT TRIP SCHEDULE 2019

Transportation for seniors is available 5 days a week from Valley Transit District (VTD) For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

An Amish Christmas Getaway– Lancaster, PA	Reg 9/7	December 4-6th
Christmas in Newport featuring Lasalette Shrine	Reg 10/8	December 5th
Holiday Winter Celebration at the Aqua Turf	Reg 10/20	December 10th
The White Mountain Hotel & Resort	Reg 11/1	December 11-13th
Westchester Theater—It Happen One Christmas Eve	Reg 0/0	December 19
Basketball Hall of Fame Holiday Showcase at Mohegan Sun	Reg 10/20	December 22
Mohegan Sun	Reg 11/19	January 29-30, 2020
Home & Garden Show at Mohegan Sun	Reg 11/25	February 22, 2020
AAC Women's Basketball Semi Finals at Mohegan Sun	Reg 1/7	March 8, 2020
St. Patrick's celebration at Gavin's Resort	Reg 1/13	March 11, 2020
St. Patrick's celebration at Aqua Turf	Reg 1/13	March 17, 2020
Broadway choice West Side Story or Tina Turner Musical	Reg 1/20	March 25, 2020
MGM Springfield	Reg 2/4	April 8, 2020
Charleston/Savannah	Reg 2/4	April 18-25, 2020
Westchester Theater—All Shook Up	Reg 2/12	April 23, 2020

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